



We are pleased to announce that Pope Francis grants a plenary Indulgence to Christ's faithful who make a pilgrimage to the Saint John Paul II National Shrine on the following occasions:

- October 22, the Solemnity of St. John Paul II
- Second Sunday of Easter (Divine Mercy Sunday)
- Once a year on a day that individual members of the faithful are free to choose
- Whenever they participate in a sacred pilgrimage to that place as a group

To obtain this indulgence, these members of the faithful must either:

- ❖ Participate in sacred ceremonies carried out in honor of St. John Paul II
OR
- ❖ Pray before the relics of St. John Paul II, remembering one's duty to our Holy Father, Pope Francis, and concluding with the Lord's Prayer, the Creed, the Hail Mary, and the following:

*You are the Shepherd of the sheep, O Prince of the Apostles.
To you the keys of the kingdom of heaven have been given.*

The full text for these prayers can be found on Page 2.

Pilgrims must be truly penitent and fulfill the usual conditions for an indulgence (see below).

An indulgence is a remission of the temporal punishment due to sins whose guilt has already been forgiven. A plenary indulgence removes all of the temporal punishment due to sin. The faithful can gain indulgences for themselves or apply them to the dead. A plenary indulgence can be gained only once a day.

To gain an indulgence, whether partial or plenary, it is necessary that the faithful be in the state of grace when the work is completed. In addition, to gain a plenary indulgence, they must:

- Have the interior disposition of complete detachment from sin, even venial sin;
- Sacramentally confess their sins;
- Receive the Holy Eucharist; and
- Pray for the intentions of the Supreme Pontiff, Pope Francis.

It is appropriate that the sacramental Confession, Holy Communion, and the prayer for the Pope's intentions take place on the pilgrimage day. However, it is sufficient that these sacred rites and prayers be carried out within 20 days before or after their visit to the Saint John Paul II National Shrine.

SAINT
JOHN PAUL II
NATIONAL SHRINE

The Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.

Amen.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.

Amen.

The Hail Mary

Hail Mary, full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.

Amen.

The Shepherd's Prayer

You are the Shepherd of the sheep,
O Prince of the Apostles.
To you the keys of the kingdom of heaven have
been given.

Amen.